# TALKS AT LIFECARE 2026

LifeCare
extra years of zest

**Join us at the LifeCare Centre, 2 Cheyne Street - in the heart of Stockbridge - on the second Friday of the month for a series of talks and workshops by local volunteers.**

**Free to attend, but donations welcome to support our vital work as a charity.**

## AUTUMN/WINTER SESSIONS

**SEPT**
**11**
**3pm - 5pm**

### PAEDIATRIC FIRST AID - INCLUDING CHOKING AND CPR

Whether you want to refresh your skills or learn for the first time. Join us for our valuable paediatric first aid session to learn basic first aid, how to deliver CPR and deal with choking incidients. Ideal for parents and grandparents alike.

**OCT**
**09**
**3pm - 5pm**

### TALES FROM THE SCOTT MONUMENT, WAVERLEY AND ROB ROY

**John Amoore**

Five characters from Rob Roy and Four from Waverley are on the Scott Monument. Both novels are set to the background of Jacobite uprisings (1715 and 1745 respectively) and both involve romances, an Englishman wooing a Scot maiden. Statuettes of the leading ladies of each are on the monument and this talk will outline these two novels from the perspectives of the characters on the monument

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**NOV**
**13**
**3pm - 5pm**

### THE TALK: FROM LOCKDOWN HOBBY TO ACCLAIMED PODCAST SERIES: LORNA LLOYD'S DIARY OF THE WAR

**Hazel Hall**

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Professor Hazel Hall will outline a recreational project that she carried out anonymously - and for fun - between September 2019 and January 2021. Over this period, the bulk of which coincided with the Covid19 pandemic lockdowns, Hazel posted online diary entries that offer a personal commentary on the events of the early months of the Second World War from September 1939 to January 1941.
The diarist was 25 year-old Lorna Lloyd. Lorna had studied English at Girton College Cambridge and then embarked upon a career as an English teacher. In 1939 she lived in Malvern, Worcestershire with her parents.

**With thanks to support from** COMMUNITY FUND ScottishPower Foundation