

# TALKS AT LIFECARE 2026

Join us at the LifeCare Centre, 2 Cheyne Street - in the heart of Stockbridge - on the second Friday of the month for a series of talks and workshops by local volunteers.

**Free to attend**, but donations welcome to support our vital work as a charity.

## SPRING SESSIONS

**MARCH**

**13**

**3pm - 5pm**

### ARCHIVE FASHION - EDINBURGH STREET STYLE

**Jackie Sangster**

An opportunity to get your glad rags on! During this session we'll be looking back at what the people of Edinburgh and the Lothians, have chosen to wear over the decades; following fads & fashions from the past and how we dressed to impress. We'll look at where people shopped for their clothing, whether buying traditional tartan, a Victorian corset on Princes Street, teen garb in Leith or flared denim on 1970s Cockburn Street.

**APRIL**

**10**

**3pm - 5pm**

### THE FORTH BRIDGE

**Jackie Sangster**

Recognised the world over, this unique piece of Victorian engineering formally opened in 1890 to connect the Lothians to Fife and allow the rail network to travel north. Join us for this riveting talk as we explore the fascinating photographs which document its construction and the development of a Scottish icon.

**MAY**

**8**

**3pm - 4:30pm**

### IVENHOE AND THE HEART OF MIDLOTHIAN FROM THE SCOTT MONUMENT

**John Amooore**

Leading characters from Ivanhoe and The Heart of Midlothian have statuettes on the Scott Monument. This talk will explore these statuettes and the novels from the perspective of these characters.

With thanks to support from

