

TALKS AT LIFECARE 2026



Join us at the LifeCare Centre, 2 Cheyne Street - in the heart of Stockbridge - on the second Friday of the month for a series of talks and workshops by local volunteers.

Free to attend, but donations welcome to support our vital work as a charity.

WINTER/SPRING SESSIONS

JAN

9

3pm - 5pm

EDINBURGH STREET STITCHERS

Mary Morton

Inspired by the global street stitching movement, Edinburgh Street Stitchers were set up to raise local awareness of the climate, environmental and other reasons for reducing our consumption of textiles. Edinburgh Street Stitchers are a group of individuals who take our 'Stitch it Don't Ditch It' banners out to streets and parks to engage with the public; we share sewing skills and signpost to local and online resources, allowing people to 'repair what they wear'.

FEB

13

3pm - 5pm

A LADDER INTO THE SKY: HOW WE DETERMINE DISTANCES IN SPACE

Pedro Perez Linero

Pedro joins us again to share with us the incredible information about our planets and space. Join Pedro to learn about the fascinating subject of distance in space.

MARCH

13

3pm - 4:30pm

ARCHIVE FASHION - EDINBURGH STREET STYLE

Jackie Sangster

An opportunity to get your glad rags on! During this session we'll be looking back at what the people of Edinburgh and the Lothians, have chosen to wear over the decades; following fads & fashions from the past and how we dressed to impress. We'll look at where people shopped for their clothing, whether buying traditional tartan, a Victorian corset on Princes Street, teen garb in Leith or flared denim on 1970s Cockburn Street.

With thanks to support from

