

# TALKS AT LIFECARE 2026

**Join us at the LifeCare Centre, 2 Cheyne Street - in the heart of Stockbridge - on the second Friday of the month for a series of talks and workshops by local volunteers.**

**Free to attend**, but donations welcome to support our vital work as a charity.

## WINTER/SPRING SESSIONS

**JAN**

**9**

**3pm - 5pm**

### EDINBURGH STREET STITCHERS

**Mary Morton**

Inspired by the global street stitching movement, Edinburgh Street Stitchers were set up to raise local awareness of the climate, environmental and other reasons for reducing our consumption of textiles. Edinburgh Street Stitchers are a group of individuals who take our 'Stitch it Don't Ditch It' banners out to streets and parks to engage with the public; we share sewing skills and signpost to local and online resources, allowing people to 'repair what they wear'.

**FEB**

**13**

**3pm - 5pm**

### A LADDER INTO THE SKY: HOW WE DETERMINE DISTANCES IN SPACE

**Pedro Perez Linero**

Pedro joins us again to share with us the incredible information about our planets and space. Join Pedro to learn about the fascinating subject of distance in space.

**MARCH**

**13**

**3pm - 4:30pm**

### ARCHIVE FASHION - EDINBURGH STREET STYLE

**Jackie Sangster**

An opportunity to get your glad rags on! During this session we'll be looking back at what the people of Edinburgh and the Lothians, have chosen to wear over the decades; following fads & fashions from the past and how we dressed to impress. We'll look at where people shopped for their clothing, whether buying traditional tartan, a Victorian corset on Princes Street, teen garb in Leith or flared denim on 1970s Cockburn Street.

With thanks to support from

