

## WELCOME TO OUR CAFÉ!

Open Monday to Friday 9am to 3pm

CaféLife is an accessible, family and dog friendly community space. We use fresh, healthy ingredients to produce affordable, nutritious meals for all.

We're not just a café – we're a cause! By joining us for a bite to eat, or drink, or by coming along to one of the events and activities we run, you support our vital work as a charity supporting local older people to thrive at home and be active members of their community.



LifeCare is an independent charity based in Edinburgh. We provide a range of support services to help people live well and stay independent. Thanks to the support of donors and funders we can make sure that our services are accessible to all

Visit [www.lifecare-edinburgh.org.uk](http://www.lifecare-edinburgh.org.uk) to find out more or speak to a staff member, we'd love to chat

• **BREAKFAST UNTIL 11AM** •

## SCOTTISH BREAKFASTS

Small Plate £4.50

Bacon, Link Sausage, Scrambled Eggs,  
Baked Beans, Tattie Scone

Large Plate £6.30

Bacon, Link Sausage, Black Pudding, Scrambled Eggs,  
Baked Beans, Tattie Scone, Hash Brown

Build your own 90p per item

Bacon / Link Sausage / Square Sausage / Haggis / Black  
Pudding / **Vegetarian Link Sausage** / **Vegetarian Haggis** / Fried  
Egg / Scrambled Egg / Tomato / Mushrooms / Tattie Scone /  
Hash Brown / Baked Beans / Toast / Buttered Roll

**ALL DAY**

### BREAKFAST ROLL SPECIALS

Breakfast roll £4.30

with Tea/Coffee

Make the roll double £5.00



American Pancakes £4.50

With bacon and maple syrup

French Toast Deluxe £4.50

With bacon and maple syrup

Breakfast roll £2.70

Make it double £3.50

Breakfast bagel £3.00

Make it double £3.80

Toasted Bagel or £2.20

Tiger Bread

Choose from cream cheese /  
peanut butter / jam & butter

Scrambled Eggs £3.00

On Toast

French Toast £3.00

Croissant £2.50

Served with jam & butter

**PLEASE PLACE YOUR ORDER AND PAY AT THE TILL**

**ANY ALLERGIES, PLEASE SPEAK TO A MEMBER OF THE STAFF**



# LUNCH FROM 11.30AM

## BURGERS

All served with a side of  
Chips and Salad

Beefburger	£7.00
Cheeseburger	£7.50
<b>Vegan Burger</b>	£7.00
Chicken Burger	£7.00

## POTATOES

Baked Potato With Butter	£4.00
Filled Baked Potato With Salad and choice of Cheese / Baked Beans / Tuna Mayo / Coleslaw	£5.50
Deluxe Baked Potato With Salad and Coronation Chicken / Chicken Tikka / <b>Veg Chilli</b> / Chicken and Bacon	£6.50
Chips and Cheese	£3.00

## SANDWICHES

Panini / Tiger Toastie / Bagel /  
Croissant / Roll / Sandwich

Served with Salad  
Add on Tomato and Onion for free

Standard Filling £6.00  
Choose from Cheese / Ham / Tuna Mayo

Deluxe Filling £7.00  
Choose from Coronation Chicken /  
Chicken Tikka / Roast Beef / Brie /  
Mozzarella Cheese / Salami / Pepperoni

Add a side of Chips £1.50

## SEE CHALKBOARD FOR:

Soup of the day £3.60  
With a buttered roll

Pasta of the day £6.80  
Small portion £4.50

Salad of the day  
Price on board

## SOUP AND SANDWICH SPECIAL

Soup of the day and...

Standard Sandwich	£7.50
Deluxe Sandwich	£8.50



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# • CAKES PASTRIES & SNACKS •

## CAKES AND PASTRIES

Danish Pastries With bacon and maple syrup	£2.80
Scone With Butter & Jam	£2.80
Cake Selection GF options available	£2.80
Croissant With Butter & Jam	£2.50

### CAKE AND COFFEE SPECIAL

Any Cake With Tea/Coffee	£4.50
Cream Tea Tea/Coffee and Scone with Clotted Cream and Jam	£5.50



## SNACKS

### FROZEN TREATS

Ice Lollies	£2.00
Cornetto	£2.00

Crisps Any flavour including Pombears	90p
Chocolate Bars Choices at the counter	£1.20

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## • CHILDREN'S MENU •

### ALL DAY

Toast and Spread £2.20

Cream Cheese / Peanut Butter /  
Butter & Jam

Toast and Topping £3.00

Scrambled Eggs / Baked Beans

Pancakes £3.00

With Maple Syrup

Fruit Shoot £1.30

Juice Box 90p

### LUNCH FROM 11.30AM

Pasta £4.50

With Cheese or Tomato Sauce

Chicken Nuggets £4.50

With Chips and Beans

Sausages £4.50

With Chips and Beans

Fish Fingers £4.50

With Chips and Beans

Veggie Fingers £4.50

With Chips and Beans

### CHILDREN'S LUNCH BOX

Sandwich

Ham / Cheese / Tuna Mayo

Piece of Fruit

Yoghurt

Pombear Crisps

Carton of Juice

Apple / Orange



### ICE CREAM

Ice Lollies £2.00

Cornetto £2.00

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## • DRINKS MENU •

Espresso	£2.00	Regular Coffee	£1.60
Extra Shot	+£1.00	Iced Coffee	£3.80
Latte	£3.50	Babyccino	£1.60
Cappuccino	£3.50	Breakfast Tea	£1.60
Flat White	£3.50	Herbal Teas	£2.40
Americano	£3.20	Hot Chocolate	£3.50
Mocha	£3.80	Deluxe Hot Chocolate	£3.80
		With Cream and Marshmallows	

**\*OAT MILK AVAILABLE\***

**ADD SYRUP  
40P PER SHOT**

Smoothies £4.80  
Ask Staff for todays  
flavours

Milkshakes £4.80  
Vanilla / Strawberry / Chocolate /  
Check Specials at the counter

**ANY 2 FOR £8**

Fizzy Drinks £2.30

Coke / Diet Coke / Coke Zero /  
Fanta / Irn Bru

Water £1.50

Still / Sparkling / Flavoured



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# CONSIDER PAYING IT FORWARD

**£3**

could go towards a nutritious hot soup or dessert for our clients

**£7**

could go towards a cosy Christmas lunch for our clients

**£10**

could help provide care and companionship to our clients

**YOUR  
SUPPORT  
FUNDS  
OURS**

**DONATE AT TILL OR**



**SCAN TO DONATE**



## MEALS ON WHEELS

Every week the Café team cook hundreds of fresh, nutritious meals which we deliver hot and ready to eat to older people at home across North Edinburgh and Leith.



**OVER  
8,800**



cooked  
in 2025

