

OUR IMPACT

2022-2023

LifeCare 
extra years of zest



Over

28,000

people supported our work
by visiting CaféLife & using
the LifeCare Centre



We provided over

24,000

hours of essential care &
support to people in
their homes



We provided over

19,000

hours of respite to
unpaid carers



Our volunteers spent over

6,400

hours supporting older
people in their local
community



Club clients spent over

3,700

days meeting friends &
enjoying activities at our
day clubs



We supported over

850

clients and unpaid carers
to live well and stay
independent



We delivered over

5,500

fresh, hot, nutritious meals
to older people across
North Edinburgh



Our community
supported our work by
hiring our rooms at the
LifeCare centre for over

5,000
hours



We did over

3,300

shopping trips for essential
food & supplies for clients
across Edinburgh