

SAMPLE MENU

TUESDAY Chicken thighs, with gravy potatoes & vegetables OR Vegetarian pasta bolognese
Rice pudding

THURSDAY Mushroom & tarragon soup
Macaroni cheese with smoked sausage OR Vegetable hot pot

TUESDAY Sausages with onion gravy, potatoes & vegetables OR Vegetable curry & rice
Rhubarb crumble & custard

THURSDAY Broccoli soup
Pasta with meatballs OR Sweet n sour vegetables with rice

TUESDAY Tomato & basil soup
Fishcakes with potatoes & peas OR Vegetarian mince & tatties with vegetables

THURSDAY Leek & potato soup
Steak & kidney pie, potatoes & vegetables OR Vegetable noodles

TUESDAY Split pea soup
Mince & tatties with vegetables OR Vegetarian sausages, onion gravy, potatoes & vegetables

THURSDAY Chicken curry & rice OR Vegetable pie with potatoes
Semolina

TUESDAY Scotch broth
Haggis neeps & tatties OR Vegetarian sausage stovies

THURSDAY Chicken casserole with potatoes & vegetables OR Macaroni cheese
Stewed apple & custard

TUESDAY Vegetable broth
Pork & apple stew with potatoes & vegetables OR Mushroom stroganoff and rice

THURSDAY Chicken hot pot with vegetables OR Vegetarian sausage casserole
Apple crumble & custard