

WELCOME

to The Dean



WANT TO GET OUT MORE?
JOIN THE CLUB!



THE DEAN IS PART OF LIFECARE, AN EDINBURGH-BASED CHARITY THAT HAS SUPPORTED OLDER PEOPLE IN THE COMMUNITY FOR MORE THAN 75 YEARS. EVERY PENNY WE RECEIVE HELPS US PROVIDE THE BEST POSSIBLE CARE THROUGH OUR DAY CLUBS, OUTREACH AND HELP AT HOME SERVICES AND OUR ENTIRE PURPOSE IS TO GIVE YOU EXTRA YEARS OF ZEST.

Why join The Dean?

Every Tuesday, Wednesday and Thursday our team of four staff welcomes up to 22 members.

We aim to get you making new friends and back in your element, enjoying extra years of zest.

Come and meet like-minded, fun-loving older people in Edinburgh. Great company, activities and adventure awaits. Just what you'd expect from a registered care service that's received Grade 6 on inspection.



Who are we here for?

Anyone aged 50 plus who are not as physically strong or socially active as they once were.





What will you do?

Our higher than usual staff-to-member ratio means we can help you regain your sense of adventure. So you could start bowling or going to the cinema. Or if you want to enjoy something a little more sedentary, like have a manicure, pedicure or haircut, we'll have the time and resources to make it happen. Because we know, to you, it's not just a trim, it's a world of difference.

That's what Lifecare's extra years of zest is all about. Living life to the full for as long as you can.

Each visit to the club you'll get to choose your two course lunch on arrival. After a morning activity, like baking, tai chi or Scrabble, you'll get to have a sit down lunch in our bright community café next door.

There's afternoon activities too. Such as gardening, country and western themes or, well, you tell us, actually. Because we let our members plan what we do. We're here to make your day after all. And that, ultimately, is what makes ours.



How do you get here?

You can make your own way here or we can escort you by mini bus, so long as you live in our catchment of Leith or Comely Bank. The postcode areas we cover are EH6/EH5/EH4/EH3. We'll collect you from your home between 9.15am and 10.15am and take you back between 3pm and 4pm.

If you live outside our catchment, places are still available, so long as you can make your own travel arrangements here and back.

How do you join?

There are two ways you can join:

You can book privately:

You don't have to be over 65 to benefit from The Dean's outstanding service. We provide places on a private basis for anyone who is aged 50 plus. Private places are easily accessed and this option is an efficient way to begin your care service with us. No referral is necessary. Arrangements can be made and care can begin straight away.

You may wish to access this service using Self Directed Support (SDS), if you are in receipt of Direct Payments.

Or access a subsidised place:

While a significant proportion of the cost of the service is subsidised by the City of Edinburgh Council, you pay a monthly mandatory contribution, set by the City of Edinburgh Council, which is reviewed annually. Places are available for anyone aged 65 plus. Please get in touch with LifeCare for further clarification. We are very happy to help.



So when can you start?

First, you need to be referred. You can do this if you are a carer or individual wishing to join or it can be arranged by social services, health professionals or families on your behalf. **Call Social Care Direct Tel: 0131 200 2324.**

Once we receive the referral, we will contact you and arrange a visit. You'll get to meet our staff and have a cup of tea and a chat with them and fellow members.

If you wish to join, a permanent day will be offered.





**A SOCIAL CLUB FOR SENIORS
FROM LIFECARE IN THE HEART
OF STÖCKBRIDGE.**

Contact us

To join, check if we cover your area,
or find out more about The Deans,

call **0131 343 0946.**



Your support funds ours.

As with all LifeCare's services, The Dean is subsidised to keep fees as low as possible. Without donations, we would not be able to make such great care so affordable to so many.